



Paul Burton

Speaker, Author, Trainer, Productivity Expert

Helping Smart People Work Better

Today's Challenge

The modern workplace is a three-ring circus of near-constant interruptions and distractions. Squawking cell phones, pinging emails, vibrating Blackberrys, and interrupting coworkers produce a constant backdrop of physical sound that's drowned out only by your internal refrain of "Gotta do this" and "Gotta do that." All of this produces a deafening amount of noise.

Paul Burton's seminars and keynote presentations help people quiet the tsunami of interruptions and distractions they suffer each day. His easy-to-adopt tools allow audience members to immediately regain focus, improve productivity, and achieve greater success in their careers and lives.

Keynote Presentations

Obsessions of a Recovering Workaholic

24 Ways to Get 24 Hours Back

Success is a feeling, not a result. It's a feeling largely driven by accomplishment, not acquisition. Join Paul for this fast-paced and entertaining examination of our current working environments. Select among his 24 ways to immediately improve your productivity and sense of success. Length: 1 hour

Closing the G.A.P.

Feeling Good About Getting More Done

The iPod is a brilliant example of simplifying complexity. What if managing your workload was equally simple? With G.A.P. - Gather, Assess, Produce - it is! Paul Burton, productivity expert and creator of the QuietSpacing(tm) method - demonstrates this simplified, yet effective, way to better manage your workload and increase your success. Length: 1 Hour.

Did you know that just 6 minutes of increased productivity per day aggregates into more than \$6,000 in additional billings each year and/or \$1,000 in reduced administrative costs?

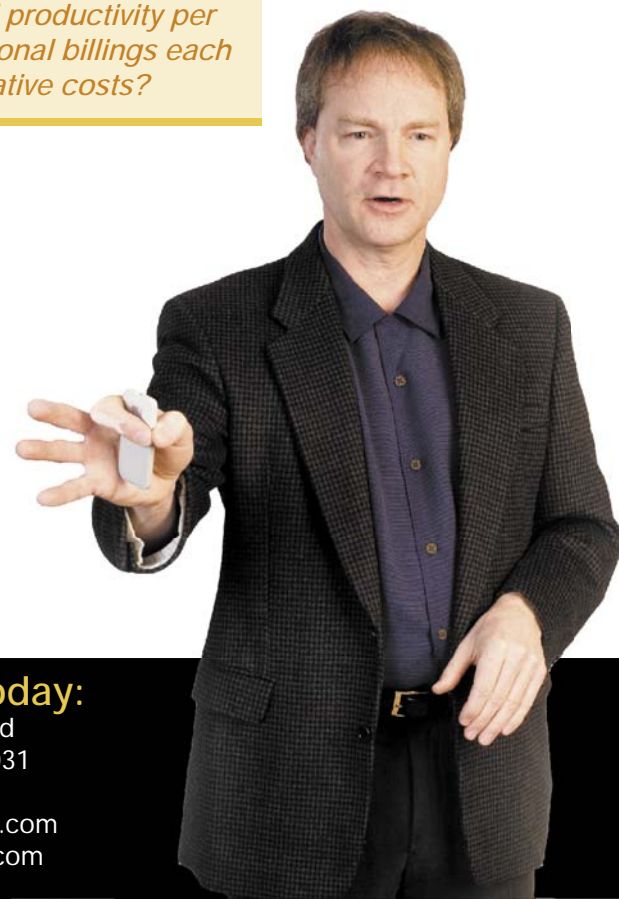
Interactive Seminars

Utilizing a revolutionary productivity method - QuietSpacing™ - this series of one-hour seminars helps you increase focus and get more done. Learn how thousands have wrestled control of their workloads by leveraging this powerful methodology.

Choose the topic right for you or attend them all, online or onsite!

- Power Processing Your E-mail
- Effective Scheduling & Productive Meetings
- Powering Through Task Lists
- Maximizing Productivity in the Workplace
- Developing Business Productively

Paul's QuietSpacing™ program has revolutionized the way I think about information and tasks. Sean Murray, CEO, RealTime Performance, Inc



QuietSpacing™

HELPING SMART PEOPLE WORK BETTER

Book Paul Today:

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More about Paul Burton: Biography and Client Testimonials

Biography

Paul enjoys a national reputation as an expert in solving the productivity challenges faced by people working in today's frenetic environments. When not giving high-content keynotes on his experiences, Paul is delivering interactive training programs or customized coaching services to help his clients achieve success.

Paul is the author of QuietSpacing™ - Productivity Has Evolved, as well as numerous articles on productivity which have been published locally, regionally and nationally.

In 1999, Paul co-founded what is today the largest online kayaking retailer in the country - Outdoorplay, Inc. (www.outdoorplay.com). After grooming a management team to run the company, Paul founded Vision Mechanix, where he developed QuietSpacing™ to address the needs of his overwhelmed clients.

Earlier in his career, Paul practiced corporate finance law and served as General Counsel to two Portland-based corporations. At the second, GemStone Systems, Inc., he managed operations for the rapidly growing professional services department. During Paul's tenure as corporate counsel, he taught as an adjunct law professor, developed and participated in continuing education courses, and consulted numerous start-ups during their emergent stages.

As a former attorney who has worked in both the corporate and entrepreneurial worlds, Paul is well-qualified to work with professionals. He is passionate about what he does and derives great satisfaction from his clients' successes.



What Audiences Can Expect

Paul's programs deliver unique ideas that challenge conventional wisdom and help audiences achieve more in their careers and personal lives. His wry wit and keen observations will engage your group with entertaining and educational training and keynote presentations. Paul gives your people the tools to:

- Increase Productivity
- Strengthen Leadership
- Enjoy Greater Personal and Professional Satisfaction

This programming is a must for every busy professional and staff member!

Kelli Kohout, West Coast Region Manager, Dorsey Whitney

Paul's materials and presentation were highly informative and professional. We've engaged Paul to continue working with a number of our people as we feel they will gain a lot from the individual coaching.

Milt Stewart, Partner In Charge Of Business Development, Davis Wright Tremaine

Paul worked closely with us to create a topic-specific retreat presentation. He was very flexible during the development process. His ingenuity and facilitation skills contributed to a very successful event.

Ann Sherman, Managing Partner, K&L Gates

Paul's program received high praise from the audience. We've invited him back for this year's annual conference.

Tanna Moore, President & CEO, Meritas, Minneapolis, MN

We asked Paul to bring us up-to-date on the state of professional development. Not only did he provide an excellent presentation, but his written materials were very professional. Everyone who attended was happy they did. **Gary Pace, Association of Legal Administrators, Valley of the Sun Chapter, Phoenix, AZ**

Paul spoke to us on two separate occasions this past year. His presentation style is engaging and he brings an interesting perspective to our audience. We always enjoy his topics and the opportunity he provides to peek into the larger picture of professional development.

Brynon Berkley, Past-President, Oregon Legal Recruiters Association, Portland, OR



Partial Client List

- K&L Gates
- ViaSat
- Meritas, Inc.
- Bryan Cave
- Society of Human Resource Mgt
- Socius Group
- Perkins Coie
- Association of Legal Administrators
- Davis Wright Temaine
- Lane Powell
- Tsongas Consulting
- Stoel Rives